**California ECE Curriculum Alignment Project Expansion (CAP)**

**Course Alignment Worksheet**

**Infant and Toddler Development** (revised October 2023)

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| **Course Overview** | | |
| **# of Units** | | ☐ Lecture Only or ☐ Lecture/Lab |
| **Status ☐ CAMPUS APPROVED -If so, when (year):** | | ☐ **PROPOSED** |
| **Course Elements** | | |
| **CAP Information** | **Your Campus Course Information** | |
| **CAP Course Title:** | **Your Course ID and Title** | |
| Infant and Toddler Development |  | |
| **CAP Course Description:** | **Your Course Description:** | |
| A study of infants and toddlers, from conception to 36 months, including the theoretical frameworks of development, and the impact of pregnancy, birth, and early life experiences on a child emotionally, socially, cognitively, and physically. Emphasizes the role of family, culture, caring and responsive adults, and attachment relationships on growth and development. |  | |
| **CAP Objectives:** | **Your Objectives:** | |
| 1. Identify developmental milestones and sequences of growth and development in children from conception to 36 months. |  | |
| 1. Describe the impact of family structures, culture, values, and beliefs on infant and toddler development. |  | |
| 1. Explain the stages of pregnancy and the processes and variations in labor and delivery. |  | |
| 1. Explore the influences and variations in development across all domains. |  | |
| 1. Explain the processes of and influences on healthy brain development. |  | |
| 1. Apply developmental theory to explain the role of early interactions, relationships, and attachment as they relate to infant and toddler growth and development. |  | |
| 1. Compare and contrast caregiving practices and environments that support healthy development. |  | |
| **CAP Course Content and Topics:** | **Your Course Content and Topics** | |
| 1. Pregnancy and Birth |  | |
| * 1. Prenatal development |  | |
| * + 1. Preconception |  | |
| * + - 1. genetics |  | |
| * + - 1. parental health |  | |
| * + 1. Processes and stages |  | |
| * + 1. Environmental influences |  | |
| * 1. Birth |  | |
| * + 1. Birth methods and preparation |  | |
| * + 1. Stages of labor and delivery |  | |
| * + 1. Birth experience |  | |
| * 1. Postpartum maternal mental health |  | |
| * 1. Parenting a newborn |  | |
| 1. Developmental domains and processes |  | |
| * 1. Physical development |  | |
| * + 1. Theories and research |  | |
| * + 1. Milestones of physical development |  | |
| * + 1. Growth patterns |  | |
| * + 1. Brain development |  | |
| * + 1. Health and nutrition |  | |
| * + 1. Sleep and sleep patterns |  | |
| * + 1. Influences on physical development |  | |
| * + 1. Variations in physical development |  | |
| * 1. Cognitive development |  | |
| * + 1. Theories and research |  | |
| * + - 1. Sensorimotor substages |  | |
| * + - 1. Information processing |  | |
| * + 1. Milestones of cognitive development |  | |
| * + 1. Influences on cognitive development |  | |
| * + 1. Variations in cognitive development |  | |
| * 1. Language development |  | |
| * + 1. Theories and research |  | |
| * + 1. Milestones of language development |  | |
| * + 1. Mono and multi-language learning |  | |
| * + 1. Critical and sensitive periods |  | |
| * + 1. Influences on language development |  | |
| * + 1. Variations in language development |  | |
| * 1. Social development |  | |
| * + 1. Theories and research |  | |
| * + 1. Milestones of social development |  | |
| * + 1. Attachment |  | |
| * + 1. Reciprocal relationships |  | |
| * + 1. Influences on social development |  | |
| * + 1. Variations in social development |  | |
| * 1. Emotional development |  | |
| * + 1. Theories and research |  | |
| * + 1. Milestones of emotional development |  | |
| * + 1. Temperament |  | |
| * + 1. Infant and toddler emotions and responses |  | |
| * + 1. Infant mental health |  | |
| * + 1. Self-regulation |  | |
| * + 1. Influences on emotional development |  | |
| * + 1. Variations in emotional development |  | |
| * 1. Infant and toddler care settings |  | |
| * + 1. Caregiving philosophy |  | |
| * + 1. Policies and practices |  | |
| * + 1. Relationships and interactions |  | |
| * + 1. Family engagement |  | |
| * + 1. Environment |  | |
| * + 1. Routines and schedules |  | |