

Crosswalk: Health Safety and Nutrition

CAP Course Content	Resource found in: EarlyEdU Online Course	Resource found in: EarlyEdU In-Person Course
1. Interrelationships between health, safety, and nutrition		
a. Defining physical and mental health		CHW/IP Session 7 Mental Health CHW/IP Session 8 Trauma and Adverse Childhood Experiences CHW/IP Session 5 Caring for Children’s Bodies CDBB/IP Session 13 Trauma and Resilience in the Early Years
b. Defining safety		CHW/IP Session 10 Injury Prevention
c. Defining nutrition		CHW/IP Session 4 Nutrition ACD/IP Session 4 Health and Well Being
2. Laws, codes, regulations, and policies		
a. Fire and health codes		CHW/IP Session 10 Injury Health/Safety checklist
b. Title 22		
c. Title 5		
d. Emergency Medical Services Authority (EMSA)		
e. Municipal requirements		CHW/IP Session 10 Injury Health/Safety checklist
f. Food programs		CHW/IP Session 2 Overview of Assessments Tools and Strategies CHW/IP Session 4 Nutrition
g. Child abuse and neglect		CHW/IP Session 9 Child Abuse and Neglect
i. Mandated reporting		CHW/IP Session 9 Child Abuse and Neglect
ii. Prevention strategies		CHW/IP Session 9 Child Abuse and Neglect
iii. Community resources		CHW/IP Session 9 Child Abuse and Neglect
3. Safety management		
a. Safe environments		CHW/IP Session 10 Injury
b. Prevention and care		CHW/IP Session 10 Injury Prevention



c. Emergency preparedness response and recovery		
d. Car seats		
4. Health management		
a. Universal precautions		CHW/IP Session 11 Management of Infectious Disease
b. Food safety		CHW/IP Session 4 Nutrition
c. Communicable diseases		CHW/IP Session 11 Management of Infectious Disease
d. Infectious process		CHW/IP Session 11 Management of Infectious Disease
e. Illness and exclusion policies		CHW/IP Session 11 Management of Infectious Disease
f. Sleeping and napping		CHW/IP Session 5 Caring for Children’s Bodies
g. Diapering and toileting		CHW/IP Session 11 Management of Infectious Disease CHW/IP Session 5 Caring for Children’s Bodies
h. Daily health check		CHW/IP Session 11 Management of Infectious Disease
i. Health assessment tools		CHW/IP Session 2 Overview of Assessment Tools and Strategies
j. Staff safety and well being		CHW/IP Session 8 Trauma and Adverse Childhood Experiences CDBB/IP Session 13 Trauma and Resilience in the Early Years
i. Risk management		
ii. Employee policies		
1. Physical health		CHW/IP Session 8 Trauma and Adverse Childhood Experiences
2. Mental health		CHW/IP Session 7 Mental Health
5. Common health issues such as pink eye, lice, runny nose		CHW/IP Session 11 Management of Infectious Disease
6. Chronic and acute illnesses such as allergies, mental health, obesity		CHW/IP Session 4 Nutrition CHW/IP Session 8 Trauma and Adverse Childhood Experiences CHW/IP Session 12 Managing Medications



		ACD/IP Session 4 Health and Well Being
7. Teacher as role model of best health, safety, and nutrition practices	RWE/OL Session 1 What is Resilience? RWE/OL Session 2 Don't Stress About Stress. We All Have It RWE/OL Session 11 TLCs: Establishing a Healthy Body for Resilience	
8. Collaboration between teachers and families to promote health and safety		CHW/IP Session 4 Nutrition CHW/IP Session 5 Caring for Children's Bodies
a. Communication		CHW/IP Session 14 Health and Family Engagement
i. Families		CHW/IP Session 14 Health and Family Engagement
ii. Other health professionals		CHW/IP Session 14 Health and Family Engagement
b. Community resources		CHW/IP Session 2 Overview of Assessment Tools and Strategies CHW/IP Session 14 Health and Family Engagement
9. Meals and snacks		
a. Nutrition guidelines		CHW/IP Session 4 Nutrition
b. Diet analysis		CHW/IP Session 4 Nutrition
c. Mealtime policies		CHW/IP Session 4 Nutrition
d. Menu planning		CHW/IP Session 4 Nutrition
e. Budgeting		CHW/IP Session 4 Nutrition
f. Culture, traditions, and family choices		CHW/IP Session 4 Nutrition
g. Sanitary food handling		CHW/IP Session 4 Nutrition
10. Planning learning experiences in health, safety, and nutrition		
a. Developmentally sound practices		
b. Cultural, linguistic, and developmental differences of families, teachers, and children		CHW/IP Session 6 Strategies to Support and Encourage Healthy Active Living CHW/IP Session 7 Mental Health
c. Integrated into daily routines		CHW/IP Session 3 Oral Health
d. Physical fitness		CHW/IP Session 5 Caring for Children's Bodies
11. Adjusting for		



a. Various ages		CHW/IP Session 2 Overview of Assessment Tools and Strategies
i. Infants and toddlers		CHW/IP Session 2 Overview of Assessment Tools and Strategies
ii. Preschool		CHW/IP Session 2 Overview of Assessment Tools and Strategies
iii. School age		
b. Children with special needs		CHW/IP Session 2 Overview of Assessment Tools and Strategies HO Milestones
c. Medical needs		CHW/IP Session 12 Managing Medications
d. Interventions		CHW/IP Session 8 Trauma and Adverse Childhood Experiences

Crosswalk Key for Health Safety and Nutrition

Abbreviation	EarlyEdU Course Name	EarlyEdU Format	EarlyEdU Classification
ACD/IP	Applied Child Development	In-Person	Foundational
CDBB/IP	Child Development Brain Building	In-Person	Foundational
CHW/IP	Children’s Health and Well-Being	In-Person	Practice-based
RWE/OL	Resilience and Wellness for Educators	Online	Foundational