

*California Community Colleges Curriculum Alignment Project – CAP Transitional Kindergarten  
Course Outline*

**Title:** CA Preschool Foundations & Frameworks: Physical Development

**Short Title:** CA FOUN/FRAM PHYSDEV

**Course Description**

Introduction to the physical development domain of the California Preschool Learning Foundations and Frameworks including strands of fundamental movement skills, perceptual-motor skills and movement concepts, and active physical play. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required or Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

**Student Learning Outcomes**

Upon successful completion of this class, students will be able to:

1. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
2. Plan environments and opportunities to support physical development, based on the observation of children in classroom settings.
3. Articulate the teacher’s role in collaborating with families to support children’s physical development.

**Objectives**

In this class, students will:

1. Define the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
2. Use knowledge of the physical development strands to select equipment and materials and plan experiences to promote physical development in individual children.
3. Share strategies and design ideas for the integration of physical development opportunities across all areas of the curriculum.
4. Discuss the ways teachers collaborate with parents and other caregivers to support children’s physical development.

**Content**

- I. Introduction to the California Preschool Learning Foundations: Physical Development
  - A. Purpose and use
  - B. Relationship to the Content Standards for California Public Schools (kindergarten)
  - C. Relationship to Desired Results Developmental Profile (DRDP)
- II. Physical development strands
  - A. Fundamental movement skills

- B. Perceptual-Motor skills and movement concepts
  - C. Active Physical Play
- III. Implementation of the Foundations and Frameworks
- A. Planning based on observation of children’s interests, skills and abilities
  - B. Use of daily experiences and routines as a vehicle to provide diverse opportunities for physical development
  - C. Objects and materials to promote movement, perceptual motor skills, and active play
  - D. Integration of physical experiences into all areas of the curriculum
- IV. Supporting English language learners in developing physical skills as they concurrently acquire English
- V. Partnership with parents and other caregivers in supporting children’s physical development
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**METHODS OF EVALUATION**

<b>Assignments</b>	<b>Method of Evaluation</b>
Written assignments	Students will be evaluated on their ability to plan opportunities for physical development through written curriculum proposals.
Problem solving demonstrations	Students will be evaluated on the ability to select appropriate activities and equipment or tools based on their observations of individual children.
Skill demonstrations	Students will be evaluated on their descriptions of how opportunities for physical development can be integrated across all areas of the curriculum.
Examinations	Students will be evaluated on their knowledge of the physical development strands through multiple choice and/or essay exams as well as through their performance on course assignments.